

22-23 October 9-12

**BUFFALO BOARD OF EDUCATION**

9/15

Bolded Items YOU order from US Foods

MEATLESS MONDAY		TUESDAY		WEDNESDAY		NY THURSDAY		FRIDAY	
4 ea Pizza Crunchers&fries		popcorn chicken/ rice/ roll		french toast sticks 6 each		NY Hot Dog on Bun		breaded chicken nuggets	
NY Carrots		NY Garden Salad		<b>Syrup</b>		<b>Spiral Cut Fries/Cheesesauce</b>		Macaroni & Cheese	
NY Chips		NY Vegetable		Tater Tots		<b>NY Slushy/NY Brussel Sprout</b>		NY Broccoli/Cauliflower	
Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit	
1/2pt. Low/Nonfat Milk 3		1/2pt. Low/Nonfat Milk 4		1/2pt. Low/Nonfat Milk 5		1/2pt. Low/Nonfat Milk 6		1/2pt. Low/Nonfat Milk 7	
NO School		Hamburger on a bun		Turkey Taco w/ 8inch sehill		Sloppy Joe on Bun		French Toast/Turk Sausage	
		<b>Green Beans</b>		let & tomato- NY Veggies		<b>Onion Rings/NY Juice</b>		Tater Tots	
		<b>Doritos</b>		<b>Seasoned Rice</b>		NY Kale Salad		NY Mars Grapes	
Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit	
10		1/2pt. Low/Nonfat Milk 11		1/2pt. Low/Nonfat Milk 12		1/2pt. Low/Nonfat Milk 13		1/2pt. Low/Nonfat Milk 14	
Fiesta Rice & Beans Bowl w/NY Bell Peppers		diced chicken w/ gravy over		Chicken Tenders		NY Beef Meatballs/ Sub Roll		Fish Sticks w/NY Coleslaw	
Tostitos		<b>French Fries</b>		NY Potato Wedges		Spag Sauce/ Shrd Mozz		<b>Smile Potatoes</b>	
Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit	
1/2pt. Low/Nonfat Milk 17		1/2pt. Low/Nonfat Milk 18		1/2pt. Low/Nonfat Milk 19		1/2pt. Low/Nonfat Milk 20		1/2pt. Low/Nonfat Milk 21	
<b>Big Daddy Pizza</b>		BuffaloChickenWingDip/Tostitos		Turkey Taco w/Refried Beans		Meatloaf w/Gravy on Bun		Chicken Nuggets	
<b>Mixed Vegetables</b>		w/NYDairy Seasoned Rice		Loaded Nachos/Rice/Cheesesauce		<b>Cheesy Mashed Potatoes</b>		Tater Tots/ Dinner Roll	
<b>Cheez-Its</b>		<b>SweetPotatoFries/Green Beans</b>		NY Saladw/Tomatoes/NY Corn		NY Kale Salad/Corn USDA		NY Squash	
Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit		Fresh/ Canned Fruit	
1/2pt. Low/Nonfat Milk 24		1/2pt. Low/Nonfat Milk 25		1/2pt. Low/Nonfat Milk 26		1/2pt. Low/Nonfat Milk 27		1/2pt. Low/Nonfat Milk 28	
fish sticks and fries				fresh veg choice		fresh or canned fruit			
carrots and celery stick/ ranch cup				cucumbers, broccoli		offered daily			
<b>Bat Slushie Cup</b>				celery, carrots, cauliflower		ny juice or ny slushy			
Fresh/ Canned Fruit				hummus/ beans 2x week		in Thursday lunch			
1/2pt. Low/Nonfat Milk 31									